English

أ/ عيد جمعة



الفصل الدراسي الثاني

الصف الأول الابتدائي

2026

Unit 1

My week

اسبوعي



Learning outcomes:

Students will be able to...

- name the days of the week in the correct order.
- تسمية أيام الأسبوع بالترتيب الصحيح.
- ask and answer simple questions about days and meals
- طرح أسئلة بسيطة ويجيب عنها حول الأيام والوجبات..
- sound out words that begin with the letters Ww, Qq, Vv, and Zz.
- نطق الكلمات التي تبدأ بالحروف Ww و Qq و Vv و Zz.
- trace and write the uppercase and lowercase letters Ww, Qq, Vv, and Zz.
- تتبع وكتابة الحروف الكبيرة والصغيرة Ww و Qq و Vv و Zz.
- talk about meals using target vocabulary.
- التحدث عن الوجبات باستخدام المفردات المستهدفة.
- recognize sight words.
- التعرف على الكلمات الشائعة.

Lesson 1



Days of The Week

key Vocabulary:

Friday يوم الجمعة	Saturday يوم السبت	Sunday يوم الأحد	Monday يوم الإثنين
Tuesday يوم الثلاثاء	Wedensday يوم الأربعاء	Thursday يوم الخميس	

← before قبل

after بعد →



How many days are there in a week?
كم عدد أيام الاسبوع؟

There are 7 days in a week.
يوجد 7 أيام في الاسبوع



1 Listen and repeat:

Saturday
Sunday
Monday
Tuesday
Wednesday
Thursday
Friday

after (Sunday ← Saturday)

before (Thursday ← Friday)



Pair work:

2 Listen and practice:



What day is it today?
ما هو اليوم؟

Today is Sunday.
اليوم هو الأحد





What day comes after Monday?
ما هو اليوم الذي يأتي بعد يوم الإثنين؟

Tuesday.
يوم الثلاثاء





What day comes before Saturday?
ما هو اليوم الذي يأتي قبل يوم السبت؟

Friday.
يوم الجمعة



لاحظ أن أيام الاسبوع تبدأ بحرف كبير **(Capital)** مثل: **Friday - Monday**

Check your information:

Choose the correct answer:

1. What day comes (after - before) Thursday? - Friday.
2. What day comes (after - before) Tuesday? - Monday.
3. There are (8 - 7) days in a week.
4. Today (is - are) Thursday.

Homework

Write:

Friday	Saturday	Sunday	Monday

Tuesday	Wedensday	Thursday	Come



Exercises

1 Read and number the pictures:

(1) Monday (2) Wednesday (3) Friday (4) Saturday









2 Choose the correct answer:

1. A- What day comes after Monday? B- (Tuesday-Sunday)
2. A- What day comes before Sunday? B- (Saturday- Friday)
3. Tuesday comes (before - after) Monday.
4. There are (seven - five) days in a week.
5. How many (days - months) are ther in a week?

3 Look, read and complete:

Thursday - 7

1. A: How many days are there in a week?
   B: There are .... days in a week.



2. A: What day comes after Wednesday?
   B: ....



4 Read and match:

1	park		
2	Friday		

4 Unescramble and write:









d- n - M - o - y - a	d - r - F - i - a - y	y - n - S - u - a - d	r - s - T - u - a - d -h - y
....	....	....	....

4 Read, write and order:

1. Tuesday - is - Today.

....

2. There - days - are - in - weak - a - seven.

....

3. comes - What - day - after - Monday?

....

5 Write the following sentence:

1- There are 7 days in a week.

....

2- What day caomes before Saturday?

....

Lesson 2

Phonics



key Vocabulary:

Ww

1 Listen and repeat:



Watch
ساعة يد



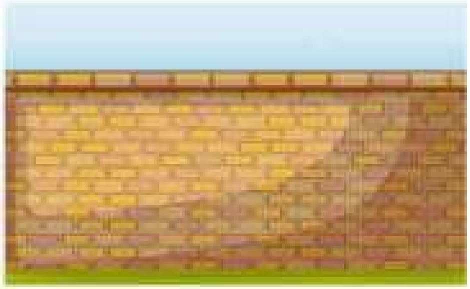
Window
شباك



Water
مياه



Wind
رياح



Wall
حائط

Writing Homework

W W W W W W W W W W W W

w w w w w w w w w w w w



Watch



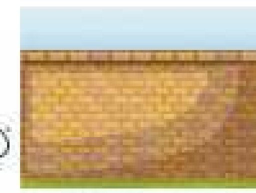
Window



Water



Wind



Wall

Lesson 2

Phonics



key Vocabulary:



1 Listen and repeat:



Queen
ملكة



quack
صوت البطة



quiet
هادئ



question
سؤال

Writing Homework

Q Q Q Q Q Q Q Q Q Q Q Q

q q q q q q q q q q q q



Queen



quack



quiet



question

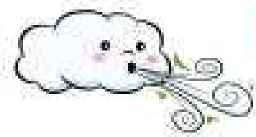


Exercises

1 Listen and write the messing letter:

1 
...... atch

2 
...... uiet

3 
...... ind

4 
...... ueen

2 Look, read and tick (√)

1 
( ) quiet
( ) queen

2 
( ) wtaer
( ) wall

3 
( ) Quack
( ) queen

4 
( ) wind
( ) question

1 Look, circle and write:

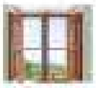
1 
...indow

2 
.....ind

3 
...... uack

4 Look, read and complete:

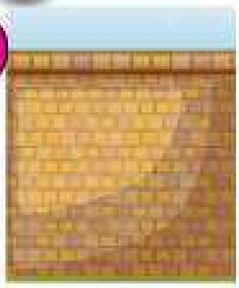
window - watch - queen

① This is a .... 

② It is a .... 

② She is a .... 

5 Look and Write :

1 

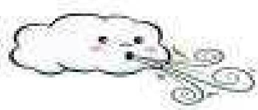
2 

3 

4 

....

6 Unescramble and write:

d- W - n - y - i	i - Q - u - e - t	u - e - Q - e - n	t - a - r - W - e
....	....	....	....

7 Look, read and complete with (q) or (w):

1 She is a ....ueen.



2 He is ......uiet.



8 Write the following sentence:

1- It`s my watch.

....

2- It`s a wall.

....

Lesson 3



Meals of the Day

key Vocabulary:

1 Listen and repeat:

Meals الوجبات



breakfast
وجبة الإفطار



lunch
وجبة الغداء



dinner
وجبة العشاء

Vocabulary كلمات الدرس



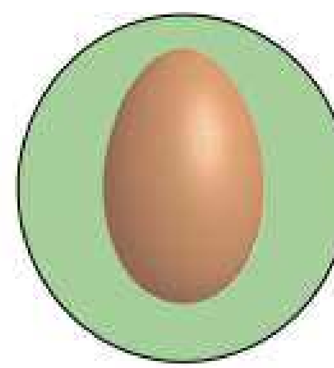
eat
يأكل



rice
أرز



soup
شوربة



egg
بيضة



drink
يشرب



sandwich
ساندويتش



chicken
لحم الدجاج



juice
عصير

2 Listen and repeat:



Teacher: Good morning, class! What do you have for breakfast on Friday?

المعلمة: صباح الخير، يا طلاب! ماذا تتناولون في وجبة الإفطار يوم الجمعة؟

Ali: I eat bread and eggs on Friday. I drink milk every day.

علي: أنا آكل خبزًا وبيضًا يوم الجمعة وأشرب لبنًا كل يوم.





Sara: I eat a sandwich and drink juice.

سارة: أنا آكل ساندوتش وأشرب عصيرًا.

Teacher: Great! What do you eat for lunch?

المعلمة: رائع! ماذا تأكلون في وجبة الغداء؟



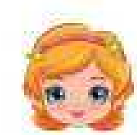


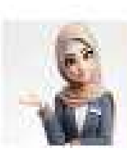
Omar: I eat rice and chicken.

عمر: أنا آكل أرزًا ودجاجًا.

Mona: I eat soup and bread.

منى: أنا آكل شوربة وخبزًا.





Teacher: Nice! What about dinner?

المعلمة: وماذا عن وجبة العشاء؟

Sara: I eat a sandwich.

سارة: أنا آكل ساندوتش.



Writing Homework

				
Breakfast	lunch	dinner	eat	drink

Writing Homework


drink

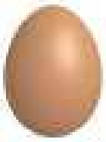

rice


soup


chicken


sandwich


juice


egg


milk



Exercises

1 Read and number the pictures:

1  2  3  4 

juice eat water chicken

2 Look, read and tick (√)

1 
( ) quiet
( ) rice

2 
( ) wtaer
( ) bread

3 
( ) juice
( ) queen

4 
( ) wind
( ) breakfast

1 Look, circle and write:

1 
sk
sl
ch
...icken

2 
c
s
d
.....oup

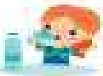
3 
w
d
f
...... ink

4 Look, read and complete:

drink - bread - lunch

1 I eat .... 

2 It is a loaf of .... 

2 We .... milk every morning. 

5 Look and Write :

1 

2 

3 

4 

....

6 Unescramble and write:









a- B - e - r - d	i - D - n - r - k	u - o - S - p	n - n - r - D- i- e
....	....	....	....

7 Read and choose the correct answer:

1. I drink (bread - milk) every morning.
2. I eat (eggs-juice), bread and bananas for breakfast.
3. I (drink - eat) tea after breakfast.
4. What do you (have - has) for dinner?
5. I (eat - drink) soup for lunch.

8 Write the following sentence:

1- What do you have for breakfast?

....

2- I eat a sandwich and drink juice.

....

Lesson 4



Phonics

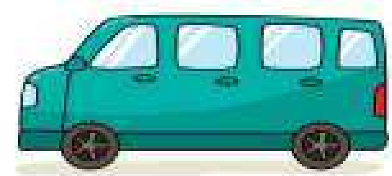
key Vocabulary:

Vv

1 Listen and repeat:







vegetables
خضروات

vest
سترة

van
شاحنة صغيرة





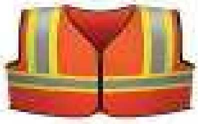
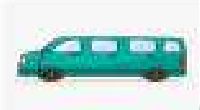
vase
فازة (مزهرية)

violin
آلة الكمان

Writing Homework

V V V V V V V V V V V V

v v v v v v v v v v v v

				
vegetables	vest	van	vase	violin

Lesson 4

Phonics



key Vocabulary:

Zz

1 Listen and repeat:



zigzag
خطوط متعرجة



zebra
حمار وحشي



zero
صفر



zoo
حديقة الحيوان



zipper
سوستة

Writing Homework

Z Z Z Z Z Z Z Z Z Z Z Z

z z z z z z z z z z z z



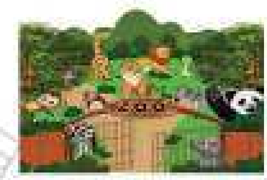
zigzag



zebra



zero



zoo



zipper



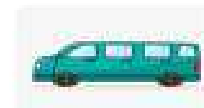
Exercises

1 Listen and write the messing letter:

1  ...... ero

2  ...... iolin

3  ...... oo

4  ...... an

2 Look, read and tick (√)

1 
( ) zipper
( ) queen

2 
( ) wtaer
( ) zigzag

3 
( ) vest
( ) queen

4 
( ) wind
( ) vase

1 Look, circle and write:

1 
sk
z
ch
...ebra

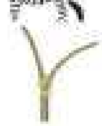
2 
v
s
f
.....est

3 
w
v
a
...... iolin

4 Look, read and complete:

vest - zebra - zipper

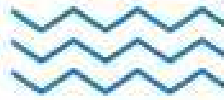
1. My favorite animal is the ....
2. It is a ....
2. The firefighter wears a ....


5 Look and circle:

1 

violin
vest

2 

zigzag
zipper

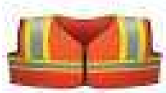
3 

violin
zoo

4 

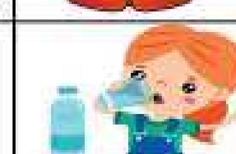
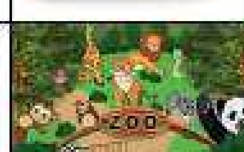
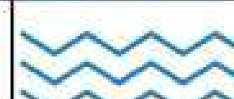
vest
van

6 Unscramble and write:

s- V - e - t	i - Z- p - r -p-e	l-i- o -V - i-n	a - z - g - Z- i- g
....	....	....	....

7 Read and circle:

1	van			
2	zipper			
3	zoo			

8 Write the following sentence:

1- I wear my vest.

....

2- I eat vegetables every day.

....

Review

Days of the week

Friday
يوم الجمعة

Saturday
يوم السبت

Sunday
يوم الأحد

Monday
يوم الإثنين

Tuesday
يوم الثلاثاء

Wedensday
يوم الأربعاء

Thursday
يوم الخميس

Phonics


Watch
ساعة يد


Window
شباك


Water
مياه


Wind
رياح


Wall
حائط


Qeen
ملكة

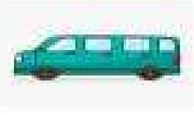

quack
صوت البطة


quiet
هادئ


question
سؤال


vegetables
خضروات


vest
sjvm


van
شاحنة صغيرة


vase
فازة (مزهرية)


violin
آلة الكمان


zigzag
خطوط متعرجة


zebra
حمار وحشي


zero
صفر


zoo
حديقة الحيوان


zipper
سوستة

Test on Unit 1

1 Listen and write the messing letter:

1 
...... atch

2 
...... uiet

3 
...... est

4 

...... oo

2 Look, read and tick (√)

1 
( ) wind
( ) queen

2 
( ) wtaer
( ) vest

3 

( ) vest
( ) Friday

4 
( ) wind
( ) zebra

1 Look, circle and write:

1 
sk
z
ch
...ebra

2 
v
s
f
.....est

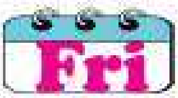
3 
w
v
a
...... iolin

4 Look, read and complete:

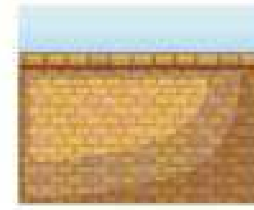
wall - watch - Friday

1. This is ....

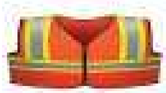
2. It is a ....

2. I don`t go to school on ....


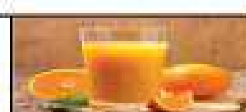
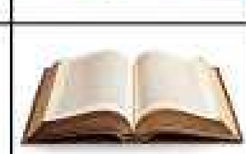
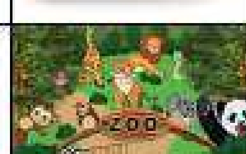
5 Look and circle:

1	2	3	4
			
violin Monday	eat drink	violin zoo	wall van

6 Unescramble and write:

			
i- M - k - l	i - Z- p - r -p-e	l-i- o -V - i-n	a - d - r - b- e
....	....	....	....

7 Read and circle:

1	juice			
2	soup			
3	chicken			

8 Write the following sentence:

1- What do you eat for dinner?

....

2- I eat vegetables every day.

....


موقع الدكتور
محمد رزق
التعليمي
امسح الباركود بالموبيل لتثبيت
التطبيق وتحميل كل الملازم مجانا وبسرعه
MR
حمل التطبيق الأن
GET IT ON
Google Play
ملازم ابتدائي
ملازم اعدادي
ملازم ثانـــوي
كورسات ونتائج امتحانات
موقع الدكتور محمد رزق
Dr.Mo.RizK